

## SUMMARY OF FINDINGS



### SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

If applicable, write a narrative below to describe your district's areas of success in meeting its wellness goals.

UCPS has several items that are both strong in policy and in practice throughout our schools. The policy and practices in which we are strongest include the basic principles for physical activity, water accessibility, and establishing our wellness policy. We have already met and exceeded in these areas.



### SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

Our district had only 4 items that are put into practice, but scored a 1 in practice compared to being a strong 2 in our written policy. They relate to food and beverages being sold as snacks via either vending machines or ala carte during the school day. A plan to strengthen control over foods sold will need to be discussed over the next 3 years with our Student Health Advisory Counsel (SHAC). The last item relates to clarifying who is responsible for the wellness policy. This can be strengthened in practice through simply discussing role clarification in our SHAC meetings.



### SECTION 3: UPDATE POLICIES

If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

UCPS has 22 items that are implemented strongly in our schools (scoring a 2 in practice), but our written policy is either missing or is weak in that area. This shows that our wellness policy is a simple policy, but our county has a strong desire for a wellness focused learning environment. Only one federally required item is missing from our written policy. This item relates to protecting the privacy of students who qualify for free and reduced priced meals. This is strongly practiced, but not in our written policy. Our SHAC team will need to address and add this item to our written policy in the next 3 years.



### SECTION 4: OPPORTUNITIES FOR GROWTH

If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

Our county has kept the written wellness policy generic and has chosen which items of the most importance to include. There were 32 items that could be considered in the future to strengthen our schools' wellness, but are not currently addressed in our wellness policy. There are 5 items that are federally required that do need to be addressed. Two items refer to the Triennial Assessment which is a new requirement. This is now being put into practice and will need to be added to the written policy in the next 3 years. The other 3 items relate to marketing of food, fundraisers and class parties. Our SHAC team will need to spend significant time discussing these issues and determine how we can approach and tackle these topics in our county.